

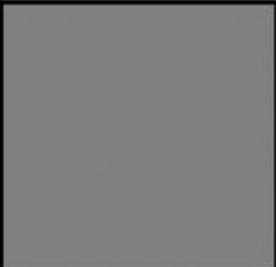

Pencil Grip Tips

Use your grey lead pencil to colour the empty squares the same shade as the square above.

1) Press soft

2) Press medium

2) Press hard



Make sure you hold your pencil tightly between your finger and thumb!



ALSO TRY:

- Throwing paper aeroplanes
- Walking on your hands while someone holds your feet like a wheelbarrow
- Using a spoon to scoop pasta/sand/rice from one container to another
- Holding onto the monkey bars by yourself (with mum or dad ready to catch you!)



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Line Drawing with Pencils Workbook

- Practise holding pencils
- Develop confidence in children's writing in the future
- Develop the ability to follow lines and to make shapes

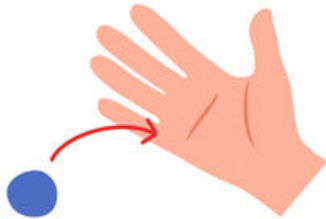


Pencil Grip Tips

THE POM-POM

You need: Pencil and small ball or pom-pom

1) Open your palm and place the pom-pom at the bottom of your last two fingers.



2) Hold the pom-pom using your last two fingers leaving your top three fingers free.

3) Use your pinching grip to hold the pencil. Remember to squeeze the pom-pom as you write!



THE CHEEKY MONKEY

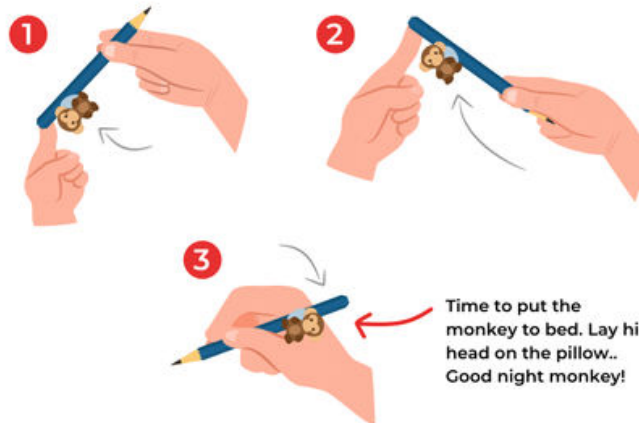
You need: Pencil, blu-tack and small toy or cute eraser

1) Stick the blu-tack on the pencil with your cute toy.



2) Pinch the top of the pencil.

3) Flip the pencil over using your other hand.



THE CLOTHES PEG

You need: Pencil and clothes peg

1) Practise pinching by opening and closing the peg a few times.



2) Now clip your peg to the bottom of the pencil.



3) Use your peg as a guide to where your fingers should go when holding the pencil.



Print these tips and stick them where your child can easily see them. Encourage your child to practice regularly and master a good pencil grip!



Unsure what activities to do with your child to get them ready for school? We want to help you!

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